

Identifying Oppressive Practice

 Issue	Legislation / Guidance / Principle Violated
Lack of choice in daily routines (e.g. no say in meals, activities, bedtime)	• Care Act 2014: well-being principle requires people have control over day-to-day life. • Human Rights Act 1998: Includes the right to autonomy, physical and psychological integrity.
Restrictive rules without individual risk assessment (blanket restrictions)	• Care Act 2014: promoting dignity, preventing discrimination and protecting individuals from abuse and neglect. • Mental Capacity Act (MCA) Least Restrictive Principle.
Poor use of advocacy / residents' voices ignored	• Care Act 2014: person-centred practice, involving people in assessments and care planning. • MCA (Mental Capacity Act) 2005: rights to representation / advocacy where capacity is in question.
Ignoring identity, culture, personal preferences	Equality Act 2010 — requires services to make reasonable adjustments, avoid discrimination. www.safeguardingadultssupport.co.uk

