

Individual Safeguarding Conversations

HELPFUL PROMPTS

1 Person-Centered Risk Assessment

- "How do you feel about your safety here in the care home?"
- "Is there anything that makes you feel unsafe or uncomfortable?"
- "Are there specific times or situations when you feel more at risk?"
- "What can we do to help you feel safer?"
- "Would you prefer any changes to your current routine or environment to feel more secure?"

3 Safeguarding Awareness & Rights Education

- Do you feel like you understand your rights here in the care home?"
- "Do you know who to talk to if you have concerns about your safety or care?"
- "Would you like more information on how you can report a concern or raise an issue?"
- "Is there anything about safeguarding that you find unclear or would like us to explain further?"

5 Collaborative Safeguarding Plans

- "How would you like to be involved in decisions about your care and safety?"
- "What is most important to you when it comes to feeling safe?"
- "Are you happy with the carers currently supporting you, or would you prefer different arrangements?"
- "If we need to make changes to your care plan, how would you like to be informed and involved?"

2 Trusted Advocacy Networks

- "Who would you like to help support you in safeguarding matters (e.g., family members, friends, or care staff)?"
- "Is there someone you trust that you'd like to talk to if you have concerns about your safety?"
- "Would you like us to arrange regular check-ins with someone from your trusted network?"

4 Staff Training in Empowerment-Based Safeguarding

- "Do you feel that staff listen to your preferences and choices when it comes to your safety?"
- "Are you confident that the staff understands what is important to you regarding your care?"
- "Is there anything we can do to make you feel more involved in decisions about your safety?"

6 Safeguarding Feedback Loops

- "Do you feel comfortable sharing your thoughts and concerns about your care?"
- "Is there anything you'd like to tell us about your safety or well-being?"
- "Would you prefer to give feedback privately or anonymously?"
- "Have you been given enough opportunities to share your thoughts on your care and safety?"

8 General Empowerment & Safety Questions

- "How would you like us to communicate with you about your care and safety?"
- "Do you feel you have control over the decisions made about your safety?"
- "Would you like more say in how things are handled when there's a concern about your safety?"